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MEXICO'S GOALKEEPER RISES TO THE OCCASION VS. BRAZIL, BELGIUM AVOIDS AN UPSET, AND S. KOREA AND RUSSIA SETTLE FOR A DRAW PAGE 16

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Forest-tent caterpillars are about to defoliate large swaths of Winnipeg trees. THE ASSOCIATED PRESS

Beware the bug scourge

To arms. Winnipeggers encouraged to help the city fight mosquito swarms and leaf-destroying caterpillars

The City of Winnipeg says get ready to swat mosquitoes and dodge ugly black caterpillars this summer.

The rainfall we had over the weekend means the skeeters are likely to come out in bigger numbers by the end of next week as the weather warms up.

While crews are fighting the surge with an "aggressive" larviciding program, the city's superintendent of insect control, Ken Nawolsky, said Winnipeggers can help by making sure they eliminate standing water on their property.

And it's not just mosquitoes that are expected to infiltrate Winnipeg this summer.

Nawolsky also warned about caterpillars — we're at the beginning of the 12- to 15-year cycle for forest-tent caterpillars — which means we will likely see a whole lot more of the creepy crawlers that defoliate trees.

"Their population numbers will build up such that next year you're going to see more of them," he said, explaining their numbers typically diminish in the third year. "They build up so much that their population crashes."

Winnipeggers can help the city fight the caterpillars' takeover by spraying insecticidal soap on the base of trees where they're seen congregating, and, once the caterpillars climb to the top of the tree, spraying the foliage with a biological product called BTK.

SHANE GIBSON/METRO

Silver lining

One good thing about an increase in forest-tent caterpillars is it traditionally leads to a sharp drop in the canker-worm population, according to Nawolsky.

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WINNIPEG TECHNICAL COLLEGE

Pedro Daza, coach of the U of W's Wesmen men's soccer team, watches as player Celse Ngollo dribbles the ball after the opening of the new UNITED Health and RecPlex on Tuesday. BERNICE PONTANILLA/METRO

U of W rec complex earns coach's praise

'Train all year round.' $40M facility will allow men's soccer team to compete against top contenders

BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

The University of Winnipeg's new $40-million recreational complex will further bolster Manitoba athletes, especially soccer players, said a Wesmen team coach.

Pedro Daza, head coach of the U of W's men's soccer team, said the UNITED Health and RecPlex, which was officially opened on Tuesday, is a state-of-the-art facility that will allow athletes to train at a high level all year long. Daza said UNITED also offers a "great opportunity" for newcomer Canadians.

"When I came in 1977 (to Canada from Chile), we didn't have a facility to train, we couldn't afford to play soccer, and now we have this, it's huge for everybody" in the city's soccer programs, said Daza after the formal ceremony.

"To be able to train all year round, it's going to give us the opportunity to compete against the powerhouses."

U of W president Dr. Lloyd Axworthy gave a moving speech during the opening ceremony, which also featured Premier Greg Selinger and Mayor Sam Katz.

Axworthy said his goal is to involve as many members of the surrounding West End community in the facility, especially youth. This is the reason why they chose the name UNITED.

Finishing touches are being put on UNITED's batting cages and long-jump track. It's expected to open fully in mid-August.

What's inside?

The U of W's UNITED Health and Recplex is 189,000 square feet and includes a 50-by-90-metre soccer field, elementary-school sized gymnasium and sound-proof multi-purpose room. Work is still underway on the installation of batting cages and track and field long-jump track.

Training ground

"To be able to train all year round, it's going to give us the opportunity to compete against the powerhouses."

Pedro Daza, head coach of the U of W's men's soccer team

Upcoming shows

Serena Rider, Big Wreck to play Winnipeg

True North Sports and Entertainment have announced another two shows for the Burton Cummings Theatre — one for August and one for October.

Serena Ryder, fresh off of her appearance at the 2014 Juno Awards in Winnipeg, will make her way back to the River City on Aug. 6 at the Burton Cummings Theatre.

Ryder's 2012 release Harmony continues to get massive radio airplay on both Canadian and U.S. radio stations, including her third single, Fall, holding steady.

Tickets go on sale Friday, June 20 at Ticketmaster and range from $25 to $39.50.

Canadian rockers Big Wreck will take to the stage on Oct. 4.

Fresh off the release of their latest album, Ghosts, Big Wreck announced a fall Canadian tour, starting in Edmonton Sept. 19 and wrapping up in Toronto on Oct. 16.

Tickets go on sale Friday at bigwreckmusic.com. Tickets are $29.50 plus fees.

This is the third and fourth concert announcement in two days for the beleaguered theatre, which was taken over by TNSE earlier this year. Ziggy Marley and Art Garfunkel were announced on Monday.

METRO

Serena Ryder with Johnny Reid at the Juno Awards earlier this year. ELISHA DACEY/METRO FILE

Two down. NDP MLA moving on, Tory set to go

Two members of the Manitoba legislature are planning to leave and one of them is attempting a return to federal politics.

New Democrat backbencher Jim Maloway is seeking the federal NDP nomination in the Elmwood-Transcona riding in Winnipeg.

Maloway was a legislature member for 22 years, then was elected to the House of Commons in 2008.

He was defeated in the 2011 federal election and returned to the legislature.

The other politician planning to leave is Progressive Conservative aboriginal affairs critic Stu Briese.

Briese, first elected in 2007, says he will not run in the next election but will stay on until that time.

THE CANADIAN PRESS

City releases gopher control info

The City of Winnipeg has released a list of gopher control locations in local parks after a dog got sick eating poisoned pellets.

The complete list includes Stanley Knowles Park, Wellington Park, Optimist Park, 2080 Ness (athletic fields across from the former Silver Heights Community Club), Vince Leah Community Club, Little Mountain Park and Westview Park.

Two other parks, John Blumberg Park and Woodsworth Park, were supposed to use poison control for gophers but operations were suspended before the poison was applied, according to the city.

Gopher holes can mean leg injuries for park users, including canines. THE ASSOCIATED PRESS

"In most cases it is the public that call us to report this issue as a safety concern. Gopher treatment in various parks has been going on for decades. Gopher control products have also been applied in Brookside Cemetery but not on City golf courses," reads a statement.

"Gophers burrow potentially dangerous holes in turf areas that can become difficult to notice." METRO

Premier Greg Selinger speaks at the Juno Awards in March. JOHN WOODS/THE CANADIAN PRESS

Selinger is least popular premier in Canada: Survey

'Difficult choices' blamed. Brad Wall, Saskatchewan's premier, enjoys the country's highest approval rating

Dwindling numbers

"But we've also heard Manitobans say to us if you're going to make difficult choices, show us the results."

Manitoba Premier Greg Selinger, after the opening of the University of Winnipeg's UNITED Health and RecPlex, regarding his dwindling popularity numbers.

ELISHA DACEY
elisha.dacey@metronews.ca

Manitoba's Greg Selinger is now the least popular premier in all of Canada.

According to the latest Angus Reid Global forum survey, Selinger is now dead last with an approval rating of just 26 per cent, below New Brunswick Premier David Alward's close second of 29 per cent.

Selinger is down nearly 35 points from his May 2011 high of 59 per cent, and has stayed between 26 and 28 per cent since September of last year.

Selinger said the approval number reflects the "difficult choices" his government has had to make that "haven't been popular."

The Angus Reid Global survey revealed that 66 per cent disapproved of the job Selinger was doing, with eight per cent responding they were unsure.

Premier Brad Wall of Saskatchewan, however, continues to enjoy the highest approval rating in all of Canada, at 67 per cent.

Aurora Borealis theatre almost ready for opening

Less than a month before the grand opening, the Journey to Churchill exhibit's unique 360-degree-screen Aurora Borealis Theatre is almost done.

The domed theatre will show a 10-minute film, titled Rhythms of the North, "illustrating how climate change is affecting northern people, animals, and ecosystems," reads a press release.

The theatre, part of a larger exhibit currently being constructed at the Assiniboine Park Zoo, will accommodate 120 people during each viewing.

The film will be projected on the domed ceiling and a massive 360-degree screen, giving visitors the impression they're standing in the cool northern tundra. The film was produced by artists from Ontario's Science North, and equipment included an eight-camera rig nicknamed Medusa, custom-made for the production.

"This is truly a one-of-a-kind theatre that will add an entirely new element to the zoo experience for our visitors when Journey to Churchill opens in just a few short weeks," said Margaret Redmond, president of the Assiniboine Park Conservancy.

Journey to Churchill opens on July 3. The zoo will close for 10 days prior to the event, starting Monday, June 23. METRO

The Aurora Borealis Theatre at the Assiniboine Zoo is over 13 metres in diameter and has a 360-degree screen. BERNICE PONTANILLA/METRO

What to expect

Other highlights of the theatre:

- 11 projectors providing a total of 73,700 lumens of projection
- 12 speakers totalling 3,800 watts of sound
- Two 17-inch subwoofers
- Acoustic wall panels from Germany
- 42 lights, or 168 linear feet of LEDs, producing over 16 million colours
- Talent sourced specifically from the Churchill area
- First time in history flying a 5K-resolution, 360-degree camera rig from a helicopter.

Driver injured after slamming car into house

Police say the driver of this Dodge Calibre that slammed into a house at 55 Kirby Dr. in Sturgeon Creek just before 9 a.m. Tuesday is in unstable condition in hospital. Neighbours said the driver, a man in his mid-30s, was conscious but bloodied when taken out of the wreck by emergency crews. SHANE GIBSON/METRO

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Manitoba Museum.
Historic pirates to capture visitors' imaginations

The Manitoba Museum is preparing to be boarded by pirates.

National Geographic's Real Pirates: The Untold Story of the Whydah from Slave Ship to Pirate Ship opens at the museum Oct. 17 and includes real artifacts pulled from the wreckage of the Whydah, a 300-ton galley used by Sam Bellamy as he and his crew of pirates plundered nore than 50 ships before the ship sank off the Massachusetts coast in 1717.

"I find that what makes a really good exhibit is when you both engage the visitor and entertain the visitor," said the museum's curator of history, Dr. Roland Sawatzky. "This exhibit does both very, very well,"

The exhibit features real treasure, a replica of the ship, the ship's actual bell among other artifacts and tells the story of what life was like for an 18th-century pirate.

Go to manitobamuseum.ca for more information.

SHANE GIBSON/METRO

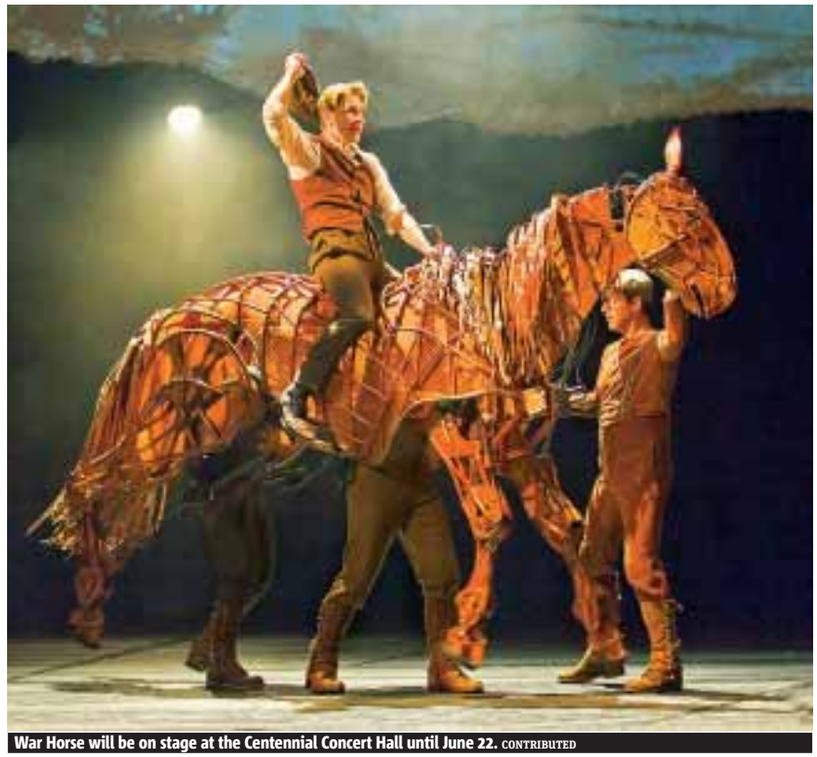
Obby gives back

Former Winnipeg Blue Bomber Obby Khan helped fill bags with donated food at Winnipeg Harvest Tuesday after joining the GIVE 30 campaign, a national effort encouraging those taking part in fasting during the month to donate the money they save on food and to charity. Muslims and non-Muslims alike are encouraged to donate to the food bank during Ramadan, which runs June 28 through July 27. SHANE GIBSON/METRO

Actor invites city to bet on War Horse

On stage June 18 to 22. Canadian Adam Cunningham brings energetic acting to Centennial Concert Hall

BERNICE PONTANILLA
bernice.pontanilla@metronews.ca



War Horse will be on stage at the Centennial Concert Hall until June 22. CONTRIBUTED

Adam Cunningham calls his role with the critically-acclaimed War Horse a "complete, entire body experience."

The Brampton, Ont., actor is one of three that manipulates the stunning horse puppet by South Africa's Handspring Company for the National Theatre of Great Britain production, which he joined in January of 2013.

"It's such a different beast, pardon the pun," Cunningham told Metro, adding that he also makes the horse's sounds and breathing," he said.

"It's so physically engaging, specifically speaking for myself, I'm literally inside the puppet using my entire body and taking the weight of the puppet, and taking the weight of people who actually ride the horse."

To prepare for his role, Cunningham said he visited stables and got to know both farm and military horses, since War Horse shows that exact transformation of a horse named Joey.

Cunningham said the Winnipeg run, from June 18 to 22 at the Centennial Concert Hall, is the final stop for the North American tour, so he encourages everyone to come and check it out.

Entire body experience

"It's so physically engaging, specifically speaking for myself, I'm literally inside the puppet using my entire body and taking the weight of the puppet, and taking the weight of people who actually ride the horse."

Actor Adam Cunningham, on performing in War Horse

"It's such a worldwide event, War Horse right now, and Winnipeg is really lucky that it's the last place it's going to be, so unless they want to book a flight to London (UK) this is it, so get out there," said Cunningham, adding that he's no stranger to Winnipeg.

"I was just there this winter for a little bit when it was the coldest place on Earth, I think I was there when it was colder than it was on Mars.

"I'm looking forward to Winnipeg in the summer that's for sure," he added with a chuckle.

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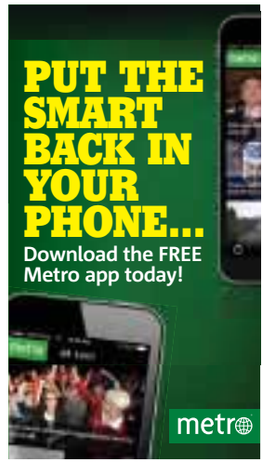

metro

A man holds a girl after she was pulled from the basement of her destroyed home in Pilger, Neb., Monday, June 16, 2014.
Scan the photo with your Metro News app to see more photos of the tornado damage. MARK 'STORM' FARNIK/THE ASSOCIATED PRESS

Dual twisters slam town in Nebraska

One five-year-old killed. Rare twin tornadoes send another 19 to hospital

A storm packing rare dual tornadoes tore through a tiny farming town in northeast Nebraska, killing a 5-year-old child, leaving grain bins crumpled like discarded soda cans and flattening dozens of homes.

Stanton County Sheriff Mike Unger estimated that 50 to 75 per cent of Pilger, Neb., was heavily damaged or destroyed in the storm.

"It's total devastation," Unger said.

The storm was part of a larger system that started to track across the U..S. midsection Monday afternoon. More stormy weather was forecast Tuesday in an area stretching from eastern Montana to New York. The Storm Prediction Center in Norman, Oklahoma, said powerful winds, large hail and a few tornadoes are possible, particularly in Iowa, Wisconsin and northern Illinois.

The Stanton County Sheriff's Office said a five-year-old was killed. At least 19 people were taken to hospitals.

THE ASSOCIATED PRESS

This framegrab taken from a video shows two tornados approaching Pilger, Neb., on Monday. STORMCHASINGVIDEO.COM/THE ASSOCIATED PRESS

Suspended senator

Alleged victims want to drop complaints: Brazeau's lawyer

The lawyer for suspended Sen. Patrick Brazeau says the alleged victims in an assault and threats case against his client want to withdraw their complaints.

Defence lawyer Gerard Larocque told the court on Tuesday that one of the two people has actually written the Crown about dropping the complaint filed in April.

Brazeau was charged with assault, possession of cocaine, uttering threats and breaching bail conditions following an altercation involving a man and a woman at a home in Gatineau.

He has pleaded not guilty.

THE ASSOCIATED PRESS

Crushed to death

Cluttered floor collapses, kills likely hoarder

A U.S. woman described by police as an apparent hoarder was crushed to death when a floor piled with clutter collapsed into her basement, medical officials said Tuesday.

Officials said 66-year-old Beverly Mitchell's body was found Saturday as crews were using a backhoe to remove debris from her home. She may have been dead for more than a week, police said.

Authorities didn't even notice that the floor had collapsed Thursday because all they saw was ceiling-high clutter along the walls and waist-high clutter in other areas, police said.

It wasn't until Friday that officials discovered the first floor had caved in.

THE ASSOCIATED PRESS

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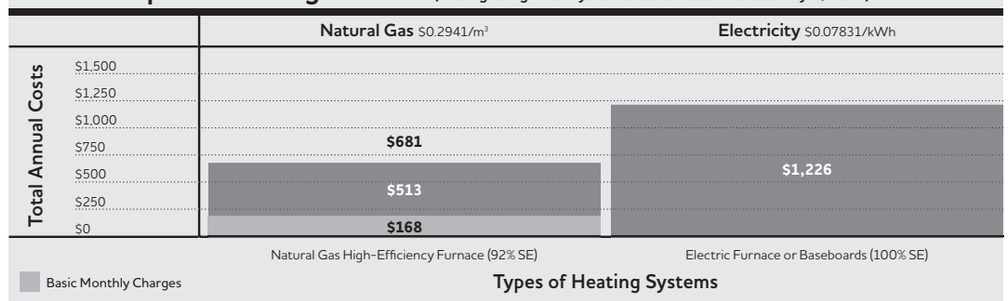

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Northern Gateway pipeline plan approved by federal government

$7B proposal. Despite conditional go-ahead from Ottawa, opponents vow project will never see the light of day

The federal government is giving a conditional green light to Enbridge's controversial $7-billion Northern Gateway pipeline project between the Alberta oilsands and the B.C. coast.

A joint federal review panel recommended approval of the 1,177-kilometre pipeline in December, with 209 conditions; the Conservative government has made it clear that finding new markets for Canadian oil is an economic priority.

Within minutes of the announcement, opponents of the project vowed that the pipeline will never see the light of day despite the nod from Ottawa.

Opponents to the Enbridge pipeline hold signs in Kitimat, B.C., Tuesday. The federal government has given conditional approval to Enbridge's $7-billion Northern Gateway pipeline project. JONATHAN HAYWARD/THE CANADIAN PRESS

"First Nations will immediately go to court to vigorously pursue all lawful means to stop the Enbridge project," said a statement issued by a coalition of B.C. aboriginal groups.

The statement was signed by 28 individual bands and the three main aboriginal organizations in the province: the B.C. Assembly of First Nations, the First Nations Summit and the Union of B.C. Indian Chiefs.

"This project, and the federal process to approve it, violated our rights and our laws. We are uniting to defend our lands and waters of our respective territories," they said.

They said the majority of British Columbians oppose the project, which they said poses an "unacceptable risk" to the environment and health of all people in the province.

"We will defend our territories whatever the costs may be," the statement said.

The decision already faces legal challenges. Several First Nations and environmental groups have filed applications with the Federal Court for judicial review of the report recommending approval.

The Gitxaala and Coastal First Nations have already said they are preparing broader lawsuits against the federal government and/or the company, over aboriginal rights.

The Sierra Club B.C. called the decision a "slap in the face" for British Columbians.

"But ultimately, it changes nothing: The Enbridge pipeline will not get built," said spokeswoman Caitlyn Vernon. THE CANADIAN PRESS

Oil

525,000

The Northern Gateway project would move an estimated 525,000 barrels of petroleum products each day.

Back from rehab

Toronto waits to see if Ford returns a changed man

Toronto Mayor Rob Ford TORSTAR NEWS SERVICE FILE

Only time will tell whether Rob Ford's stint in rehab has changed him, some of the Toronto mayor's colleagues said Tuesday, just weeks before his scheduled return to city hall.

Ford plans to come back on June 30, according to a letter he sent to the city clerk's office. Coun. Paula Fletcher said city hall has been "calm and scandal-free" in the mayor's absence, a sentiment echoed by other councillors.

"Ever since his departure … things have been very calm, there's a lot of business being conducted," Coun. Kristyn Wong-Tam said, adding: "It clearly demonstrates to me that … he's a distraction."

680NEWS/THE CANADIAN PRESS

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Sodium reduction plan: Take with a grain of salt

Worth its salt? Some in the U.S. are questioning the effectiveness of the FDA's forthcoming voluntary guidelines to reducing salt in food

The majority of sodium Americans consume comes from processed foods and meals, like burgers. GETTY IMAGES

Food companies and restaurants in America could soon face government pressure to make their foods less salty — a long-awaited federal effort in the U.S. to try to prevent thousands of deaths each year from heart disease and stroke.

The Food and Drug Administration is preparing voluntary guidelines asking the food industry to lower sodium levels, FDA commissioner Margaret Hamburg told The Associated Press. Hamburg said in a recent interview that the sodium is "of huge interest and concern" to the agency.

"We believe we can make a big impact working with the industry to bring sodium levels down, because the current level of consumption really is higher than it should be for health," Hamburg said.

It's still unclear when the FDA will release the guidelines, despite its 2013 goal to have them completed this year.

Hamburg said she hoped the agency would be able to publicly discuss the issue "relatively soon." On Tuesday, FDA spokeswoman Erica Jefferson said there is no set timeline for their release.

Health groups would prefer mandatory standards, but say voluntary guidelines are a good first step.

Still, Michael Jacobson of the Center for Science in the Public Interest says he is concerned companies may hesitate, worried that their competitors won't lower sodium in their products.

If that happens, "then FDA should start a process of mandatory limits," Jacobson says.

THE ASSOCIATED PRESS

Hold the salt

Most sodium not from table salt shaker

Americans eat about one and a half teaspoons of salt daily, about a third more than the government recommends, and enough to increase the risk of high blood pressure, strokes and other health problems.

Most of that sodium isn't from the salt shaker, but is hidden inside common processed foods and restaurant meals.

Here are some of the saltiest foods, based on 2010 data from the Agriculture Department:

BURGERS AND SANDWICHES: PROVIDE **21 PER CENT** OF AMERICANS' TOTAL SODIUM INTAKE

RICE, PASTA AND GRAIN DISHES: **SEVEN PER CENT**

MEAT, POULTRY AND SEAFOOD DISHES: **SIX PER CENT**

PIZZA: **SIX PER CENT**

DAIRY: **FIVE PER CENT**

CONDIMENTS, GRAVIES, SPREADS AND SALAD DRESSINGS: **FOUR PER CENT**

Privacy. Britons being tracked by national spy agency on social media

The U.K.'s electronic spy agency is legally allowed to track the online activities of millions of Britons who use U.S.-based platforms such as Facebook, Twitter and Google, Britain's top counter-terrorism official has said.

In a witness statement made public Tuesday, Office for Security and Counter-terrorism chief Charles Farr said data sent on those services is classed as "external" rather than "internal" communications because the companies' servers are based outside Britain.

Amnesty International said that amounted to "industrial-scale intrusion," but Farr said this did not amount to mass surveillance because the vast majority of messages intercepted in this way are not read. THE ASSOCIATED PRESS

Security. Germany finds smartphones preloaded with espionage software

A cheap brand of Chinese-made smartphones carried by major online retailers comes pre-installed with espionage software, a German security firm said Tuesday.

G Data Software said it found malicious code hidden deep in the software of the Star N9500 when it ordered the handset from a website late last month. The find is the latest in a series of incidents where smartphones have appeared preloaded with malicious software.

G Data spokesman Thorsten Urbanski said his firm bought the phone after getting complaints about it from several customers. He said his team spent more than a week trying to trace the handset's maker without success.

THE ASSOCIATED PRESS

America

Retailers to do the math for you

New York's attorney general said Tuesday Costco, CVS, FreshDirect, Walmart and Walgreen have agreed to list unit prices on their websites and mobile apps for shoppers across the U.S.

A unit price tells consumers how much a product costs by each unit of weight. For example, a 16-ounce bottle of shampoo costing $5.99 US would have a unit price of 37 cents per ounce.

THE ASSOCIATED PRESS

Market Minute

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TSX
15,055.89 (+15.46)

OIL
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THE MYSTERY OF (NOT-SO) YOUNG ADULT LIT

JUST SAYIN'

Paul Sullivan
metronews.ca

Guilty — that's me — of reading Young Adult novels instead of the latest literary fiction by the latest literary lion or lioness.

I devoured Harry Potter, The Golden Compass, even Hunger Games (although I admit it got a little tedious by Volume Three), while nibbling demurely at some prize-winning tome in which generations of people where it snows a lot have been artistically victimizing each for ... generations.

Don't get me wrong. As a card-carrying English graduate, I fervently support the production of literature. I'm just having a tough time getting through it. And I'm not alone.

The Harry Potter series has sold 450 million copies to date, never mind the movies. Most literary novels are borrowed from libraries and returned, often unread.

This last weekend, The Fault in Our Stars, a movie based on a book about two teenagers in love while both are dying of cancer, outgrossed everything else Hollywood threw at us, including Edge of Tomorrow, the latest Tom Cruise misadventure in advanced ordnance ($66 million US versus $40.5 million). Kids, do you know where your parents are?

In a Publisher's Weekly study cited in a CBC story, 55 per cent of Young Adult books are bought by adults, 78 per cent for their own enjoyment. (Of course, the other 22 per cent could be lying. "I'm just buying this for my daughter!")

Is this predilection for Young Adult fiction evidence of a mass dumbing down or an epidemic of ADD? Well, probably. But I think there's more going on. Yes, Young Adult novels are easier to read. Yes, they usually end in a happy, or at least a satisfactory, ending.

Is that so wrong? It may have something to do with "plot." Say what you will about Harry Potter and his Hogwarts homies, the entire series is driven by an intertwining network of fiendishly entertaining plotlines that keep everyone on tenterhooks until the end of volume eight. Author J.K. Rowling tried her hand at literary fiction with The Casual Vacancy, but Potter fans held their breath and tapped their feet until she came up with The Cuckoo's Calling, a detective thriller she tried to write under a pseudonym. Of course, she was almost instantly uncloaked. "Cuckoo" displays all the page-turning virtues of the Potter series, but it's allegedly written for grownups.

Speaking of plot, A Song of Ice and Fire, the series of books upon which Game of Thrones, the most popular HBO cable series ever, is based, so far features five exquisitely plotted volumes. It also features more sex, incest, gore, betrayal and terror than a Quentin Tarantino grindhouse tribute, so it's definitely not for kids, although with today's kids, you never know.

So you can put this shameful fascination with Young Adult fiction down to a worldwide failure to launch — or maybe a driving plot is the missing ingredient in more-heralded fare. I wish we could ask Charles Dickens, the master of great literature featuring great plots.

But he died, alas, without finishing The Mystery of Edwin Drood.

ZOOM

Sikh chic

In their Kickstarter-funded series The Singh Project, London-based photographers Amit and Naroop profile British Sikh men and show how they embrace both the turban and the times they live in. COURTESY AMIT AND NAROOP

Q&A

'Discipline and spirituality'

AMIT AND NAROOP
London-based photographers

What was the inspiration behind your project? The idea actually came from how beards are now trendy in fashion and mainstream culture. We felt it was pretty interesting to look at it from Sikhism, where the beard — a symbol of discipline and spirituality — has been an integral part of a man's identity for hundreds of years.

Having a beard has gone mainstream. Any hope for the turban? It would be amazing if it did. Young Sikh men are starting to tie their turbans with elaborate cloth, so it's an extension of their style. But I doubt right now that this will catch on with non-Sikhs.

Have British Sikh men always been expressive with their dress sense? The Sikh men we profiled are doctors, watchmakers, designers and architects, and they all take great pride in wearing a turban and beard. But some of the older Sikh men we interviewed described how they had to cut their hair when they first came to England just to be accepted so they could get a job. At the other end, lots of the younger men have embraced the tenets of Sikhism, grown their hair, and left behind their previous false pleasures like drinking, smoking or getting themselves into trouble. METRO

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MetroTube

metro AR

OK Go strikes again

ANDREW FIFIELD
andrew.fifield@metronews.ca

Music video production house and occasional rock band OK Go has unleashed another single-take (after at least 50 attempts) parlour trick ahead of its Hungry Ghosts album's October release.

Fully embracing its shtick, the gang has graduated from Rube Goldberg devices and treadmill choreography to a funhouse of mirrors, pulleys and other optical illusion trickery. It's pretty cool stuff, and hey, the song isn't so bad, either. (OK Go/YouTube)

SCREENGRAB

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Scan this photo with your Metro News app for an interview with the guys from Jersey Boys.

Some films hit all the right notes

Rock 'n' roll reels. Jersey Boys is just the latest film inspired by music's best and brightest

IN FOCUS
Richard Crouse
scene@metronews.ca

Rock 'n' roll and the movies have always had an uneasy relationship. For every film that hits all the right notes, like Quadrophenia or A Hard Day's Night, there's a host of tone-deaf films like Light of Day, featuring Michael J. Fox and Joan Jett as musical siblings, or Sgt. Pepper's Lonely Hearts Club Band, a glam-rock-and-disco re-imagining of the Beatles classic.

Rock 'n' roll biographies are equally hit-and-miss. In The Buddy Holly Story, the toothy Gary Busey earned an Academy Award nomination for his portrayal of the rock legend, but Roger Ebert sneered that Dennis Quaid played Jerry Lee Lewis in Great Balls of Fire "as a grinning simpleton with a crazy streak."

This weekend, Jersey Boys — directed by Clint Eastwood, and based on the Tony Award-winning musical — tells the story of '60s hitmakers The Four Seasons. Songs like Big Girls Don't Cry, Walk Like A Man and Can't Take My Eyes Off You made them one of the biggest-selling rock acts of all time.

Lesser known than the Four Seasons but louder, faster and dirtier were The Runaways, the subject of a rambunctious 2010 movie. Set back when you could still drink a bottle of stolen booze in the shade of the Hollywood sign, The Runaways focuses on two glue-sniffing, tough girls named Joan Jett (Kristen Stewart) and Cherie Currie (Dakota Fanning) who formed the underage all-girl band. The music of The Runaways was described as the "sound of hormones raging," and this film captures that.

I'm Not There is a hard movie to describe. It's a metaphoric retelling of Bob Dylan's life, but none of the characters in it are called Bob Dylan. Most of them don't look like Dylan, and the one who most looks like Dylan is a woman. Unlike Walk the Line or Ray, which were both standard-issue Hollywood biopics, there is nothing linear here, but then there is nothing straightforward about the man, so there should be nothing straightforward about the movie.

Sex & Drugs & Rock & Roll is the title of eccentric English singer Ian Dury's biggest hit and the 2010 biopic about his eventful life. Starring Andy Serkis, the film is as high voltage as one of Dury's legendary live performances.

Finally, the film Control details the short life of Joy Division singer Ian Curtis (Sam Riley). After seeing the film at Cannes, Curtis's bass player Peter Hook said he knew the movie "would be very well received because, even though it's two hours long, only two people went to the toilet the whole time. In fact, one of them was (Joy Division founding member) Bernard (Sumner). The other one was a 70-year-old woman."

Hits and misses

Roger Ebert sneered that Dennis Quaid played Jerry Lee Lewis in Great Balls of Fire "as a grinning simpleton with a crazy streak."

Jersey Boys hits theatres June 20. CONTRIBUTED

John Lloyd Young

Riding in cars with Jersey Boys

John Lloyd Young, who won a Tony for his performance of Frankie Valli on Broadway, plays the singer in the big-screen adaptation of Jersey Boys.

Teamed with Tommy DeVito (Vincent Piazza) and Nick Massi (Michael Lomenda), Valli rose from the streets to the studio — and with the addition of songwriter and keyboardist Bob Gaudio (Erich Bergen), from clubs to concert halls as the Four Seasons, one of the top-selling acts in rock history. Hits like Big Girls Don't Cry and Walk Like A Man kept them at the top of the charts but ego, in-fighting and money troubles blew them apart.

Young, Lomenda and Piazza bonded on the third day of the shoot. "We were shooting a scene where we were in the middle of the desert and our car breaks down," Young says. "We end up having to hitch a ride with a farmer and the back of the truck is filled with pigs.

The three of us guys were actually in the back of this truck with a bunch of pigs, doing take after take, and every time the truck started it was like a lesson in pig excretory systems.

"It was a sequence that's been cut from the movie," he says. "But it proved to be a real bonding experience for us."

Young, Lomenda and Bergen are veterans of the stage show, which helped when making the movie.

"Knowledge of that audience reaction is in our head and in every single thing we do as these characters on stage. You cannot forget that when you're doing the same character on-screen. You know how the audience responds, and even though it is just crew guys, (director) Clint (Eastwood) and your fellow actors, you have those instincts in there. The audience is there with you."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Ryan Gosling ALL PHOTOS GETTY IMAGES

Ryan Gosling isn't looking to adopt, as cute as that sounds

Not so fast, Facebook. Nearly one million readers were taken in recently by a bogus story about Ryan Gosling trying to adopt a baby.

An unverified account posted a photo of Gosling laughing with a baby along with a lengthy explanation purportedly written by the Drive star recounting how he'd tried to get custody of an infant because the mother had wanted him to after she died of cancer.

"One year later after the adoption, his biological father wanted him. Of course, I put up a fight, but he won," the post stated. "We have to stop and be thankful for our children and children should stop and be thankful for their parents. What I truly learned most of all is, every child needs love. Save thousands of children and meet me while doing it."

The post included a link to buy limited edition T-shirts and a chance to win a date with Gosling, all in exchange for donations to the Orphanage Home Foundation, which doesn't actually exist. Before it was deleted, the post earned 936,000 likes and was shared more than 51,000 times.

Dr. Dre

Forget about Dre? Not after that tip!

Dr. Dre certainly knows how to treat the wait staff. The rapper, producer and Beats honcho recently paid a visit to Skybar at the Mondrian Hotel in West Hollywood to enjoy some tequila shots, take photos with fans and compare notes with the DJ. And when he decided to leave, Dre reportedly left his waitress a $5,000 tip, according to Radar Online. "She was stunned," a source tells the website.

The Word

Jason Segel's junk made his mom cry

MELINDA TAUB
Metro World News

Jason Segel's nude scene in Forgetting Sarah Marshall was big news even before the movie came out. Film buffs knew that by purchasing a ticket to the movie, they were also getting a ticket to Segel parading his junk around.

However, one viewer was caught entirely by surprise: Segel's mom.

Jason Segel wrote Forgetting Sarah Marshall in addition to starring in it, so Mrs. Segel had no one to blame but her own son. That did little to take the edge off the traumatic experience. Segel tells Vanity Fair that the famous nude scene made his mom cry.

After she'd recovered from the initial shock, Mrs. Segel decided to make sure others did not go into the experience as unprepared as she had. She sent out a mass email to friends and family that read, "I would like to inform you all that Jason has chosen to do full-frontal nudity; however, it is not gratuitous and is essential to the plot."

Which is pretty generous, really. I am quite certain that if I made my mom watch a movie that featured my junk, she would be too upset to track whether it was essential to the plot or not.

Robert Pattinson

Pattinson says he's not headed to a galaxy far, far away any time soon

Robert Pattinson wants to make it very, very clear that he will not be inheriting any iconic roles made famous by Harrison Ford anytime soon.

Separate online rumours had the Twilight star tapped to play Indiana Jones in a series reboot and Han Solo in a stand-alone Star Wars spinoff, but Pattinson himself doesn't know where these stories are coming from, according to Us Weekly. "Why is that coming out? I honestly don't understand what it's all about. Man, I wish," he says in response to the Indiana Jones idea. "It's like all those other B.S. rumours."

As for visiting a galaxy far, far away? "I didn't even know there was a Han Solo spinoff coming out," he says. "Sounds like a cool spinoff. I'll watch it!"

Becoming a mom isn't high on Eva's to-do list

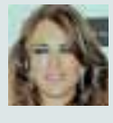
Lots of actresses are happily becoming moms, but don't expect Eva Longoria to join their ranks anytime soon. "It's just not in my future. It is not on the horizon right now, so it's not something I think about," she tells People magazine, though she's quick to point out she's not anti-children. "With kids, I love their energy and spirit and innocence," she says. Just, you know, from a comfortable distance.

Eva Longoria

Twitter

@jason_mraz
When you love someone, your feet can't feel the ground. This is also true if you are short and seated on a high toilet.

@MrGeorgeWallace
You never hear about the Pointer Brothers. They were also excited. Just better at hidin' it.



@ElizabethHurley
For once, praying for rain so Wrangler can run in George V at Ascot on Thursday. Apparently he's queeny about dry ground. Fingers crossed.

Scan the photo below with your Metro News app for more images of the art galleries in Pittsburgh.

The artsy side of Pittsburgh

Carnegie to Warhol. Pittsburgh may register as a gritty steel-town in your consciousness, but it's also home to some pretty great art

ANDREW JOHN VIRTUE DOBSON
dobbernationloves.com
@dobbernation

The Andy Warhol Museum is home to 900 paintings, 100 sculptures and nearly 2,000 works on paper. PHOTOS: ANDREW DOBSON/METRO

While Pittsburgh is best known for its steel-town roots, today the blue-collar city taps into its innovative past by providing inspiration to art lovers.

I start my art crawl a short hop, skip and jump from my plush bed at the Fairmont Pittsburgh. The property invites guests to take a walk back in time to explore over 26,000 artifacts recovered from the 2007 excavation of Three PNC Plaza. Objects on display in the hotel's public spaces date from 1840 to 1872, offering visitors a glimpse into what life would have been like here in the mid-1800s. Marvel over antique glass bottles, gilded decorative accessories from France, botanical prints and tiles and cute Kestner dolls.

The Carnegie Museum of Art was made possible by the generous support of Andrew Carnegie, the industrialist who invested his steel-town success in the arts. While most art museums founded at the turn of the last century focused on collections of well-known masters, Carnegie envisioned his museum collection would consist of the "Old Masters of tomorrow." In 1896, he initiated a series of exhibitions of contemporary art and proposed that the museum's paintings collection be formed through purchases from this series. Carnegie, thereby, founded what is arguably the first museum of modern art in the United States, which at the time featured Winslow Homer, James McNeill Whistler, and Camille Pissarro.

Today's collection is distinguished in American art from the mid-19th century to the present, in French Impressionist and post-Impressionist paintings, and in significant late 20th-century works.

Local celebrity Andy Warhol's groundbreaking work has crowned Pittsburgh as the world headquarters for Pop Art. The city's not-to-be-missed Andy Warhol Museum is the most comprehensive single-artist museum in the world, offering exhibitions year-round and displaying never-before-seen artworks from a collection that includes 900 paintings, 100 sculptures, nearly 2,000 works on paper, more than 1,000 published and unique prints, and 4,000 photographs.

Visitors to the museum indulge in a whimsical chronicle of the oddball artist's life, highlights which include childhood sketches, quirky collection of travel paraphernalia, Polaroid portraits of American icons (Liza Minnelli, Diana Vreeland, Arnold Schwarzenegger, Mick Jagger) and an evolution from wildly successful commercial illustrator to pop art superstar.

The Mattress Factory offers the world's most famous installation art experience. Since 1982, the groundbreaking museum has presented new works by more than 600 artists working in residence. The organization is dedicated to providing artists with the space, materials, assistance and freedom to explore new ideas and create works of art that help us see the world in fresh new ways.

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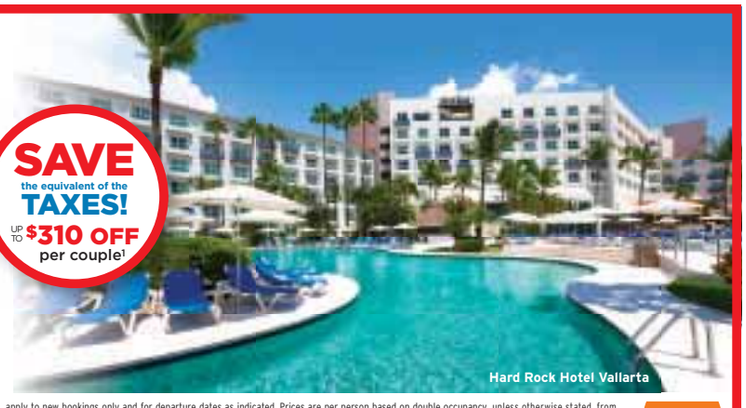

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Finding adventure all across Canada

Swimming with dolphins might be fun, but wouldn't you rather hit the ocean to see some humpback whales? ISTOCK

Vacations with an edge. There are daring must-dos to be found all across this country — try one this summer

ON THE MOVE
Loren Christie
life@metronews.ca

From coast to coast, there are some crazy adventures awaiting travellers looking to push their limits. If you are looking for a shot of adrenalin on your summer holiday, consider one of the following:

Face-first fun in New Brunswick

In northeastern New Brunswick, try face-forward rappelling — known locally as deepelling — down a 41-metre rock wall in the Grand Falls Gorge. After some personalized training on how to effectively edge yourself down the rock face, you are fitted with gear and away you go. Anyone can do it as there are no weight restrictions or age limits. For $100 you get four jumps.

A whale of a time in Newfoundland

A few years ago I went to New Zealand and snorkelled next to dolphins in the wild. It was incredible, but apparently I was thinking small. In Conception Bay, Newfoundland you can swim next to humpback whales. For $199 per person, Ocean Quest Adventure will take you on a half-day snorkelling trip where all that's between you and these majestic 30-tonne creatures is your wetsuit and a few metres of ocean water.

Living on the edge in Toronto

According to the Guinness Book of World Records, Toronto's EdgeWalk is the world's highest external walk on a building. Brave souls are attached to an overhead safety rail via a trolley and harness system and then walk hands-free on a 1.5-metre wide ledge encircling the top of the CN Tower's main pod. After completing safety training, guides encourage you to lean back over the city with nothing but air and breathtaking views of Lake Ontario beneath. Cost is $175 per person.

Away in the clouds in Alberta

Via Ferrata, or iron way in English, is an activity that has you follow an engineered vertical pathway of permanently fixed cables and metal rung ladders over rock faces. There are several of them across Canada, but the longest one in North America is part of a three-day heli-hiking excursion to Mt. Nimbus, Alta. offered by Canadian Mountain Holidays. The highlight is a mind-blowing suspension bridge lying between two spires, 600 metres above the valley floor.

Biking the sky in B.C.

If you prefer to get around on two wheels, consider heli-biking in Whistler, B.C. A helicopter takes you and your bike up more than 1,800 metres for incredible panoramic vistas of the Coast Mountain Range, Whistler and Blackcomb Mountain. Contact Bear Back Biking for information and assistance on bike rentals, guides and getting group deals on the helicopter charter.

Bucket list

Fogo Island, N.L.

We all know the song I's the B'y that put Fogo, Twillingate and Moreton's Harbour in our collective Canadian mindset. But Fogo Island, the largest island in the archipelago at the north-east edge of Newfoundland, has been busy reinventing itself, with the help of the beautiful Fogo Island Inn, on the north shore near Joe Batt's Arm. Open for a year now, the ultra-modern inn was designed by Todd Saunders and uses locally crafted furnishings to adorn the 29 rooms. Frette linens, electronic bathrooms, rooftop hot tubs and chef Murray McDonald counter the quaintness with full-on luxury, for a comfort that surprises many. From $875 per night.

DOUG WALLACE/METRO

What not to do: the resumé edition

Polish off that paper.
Make sure that your CV is up to par and won't see the recycling bin

LAUREN MARINIGH
TalentEgg.ca

Your resumé is quite possibly one of the most important documents saved on your computer.

Why?

A resumé is the key ingredient to helping land your dream job.

Here are some things to avoid when you're putting together a resumé.

Missing the specifics

Don't leave an employer guessing. Your resumé is supposed to indicate that you're a good fit for a position, so it must include any relevant information.

Briefly identify the overall function of your role before focusing on specific tasks and accomplishments that connect your skills to the job opportunity at hand. Avoid broad statements that don't communicate specific information.

Don't rely on a job title to catch an employer's eye. While previous experience in a similar role is an obvious asset, employee responsibilities can differ substantially between different workplaces.

Leaving out experience

If you're looking for a first professional role or are switching industries, you'll need to rely on a variety of work experiences to position yourself as a compelling new hire.

Don't assume that past work experience in a different field isn't relevant to a position in your industry of choice. If you have limited experience, you need to use every piece to your advantage.

Many skills from other jobs can be transferable. For example, customer service experience can be a great asset in many other career fields.

As you build your resumé, you won't need to use every piece of work experience you have when applying for a new job, but you'll still want to present yourself as a well-rounded candidate.

Going overboard

A resumé should never exceed two pages — and if it is kept to one page, that's even better.

Resumés are meant to showcase your experience and accomplishments, and although many applicants can talk for days about their background and job experience, it is important to keep a resumé short and to the point.

Depending on the role you're applying for, you may want to use a completely different format for your resumé, removing or including sections based on the information you want to present.

Mismatching an objective

Not all resumés include an objective. Make sure that you're only using one if it's a good fit for the opportunity that you're pursuing.

It's a common mistake to use the same objective for every application, or to use one that is too broad — for example: "I am seeking full-time employment."

An objective should be directly related to the job you are applying for, and should change with every single one of your job applications. Note that including an objective is an often-debated topic. If you are having trouble writing one, it's safer not to include one at all.

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Success in the specific

It's a common mistake to use the same objective for every application, or to use one that is too broad.

No employer wants to read a novel about you, no matter how relevant your past experience may be. ISTOCK

Don't downplay design

If you are applying for positions in marketing or graphic design, getting creative with your resumé is a great way to show off your skills.

- For a more traditional role or in a conservative industry, it's best to stick to a crisp, professional layout.
- You don't need exceptional design skills to compose a beautiful resumé. A quick search online can get you started with some simple examples that will help you design your own from scratch.
- A resumé should be clean, eye-catching and easy to read. Do not over-complicate your application by getting too experimental with your design — but it's okay to have some fun with it.

Twitter

TalentEgg #QuestionoftheDay: Should you have a social media presence on every platform?

@lanifallis
@TalentEgg Not necessarily, know who and where your audience is to determine which platform(s) to use #QuestionoftheDay

@GoodmanSchool
@TalentEgg A strong presence on a few choice platforms is better than a spotty presence spread out over more platforms #GoodmanCareer

@Ellie_Khayatian
@TalentEgg Definitely not - Do your research & use the one that would be most effective #QuestionoftheDay

@michellekj__
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Slice the bread and cut cooking time

Turkey Bacon Sandwich and Mini Hamburgers. No time to spend in the kitchen? Grab some meat and make it a sandwich night

DINNER EXPRESS
Emily Richards
food@metronews.ca

FLASH FOOD

From your fridge to your table in 30 minutes or less

This recipe makes one serving but can be easily doubled. EMILY RICHARDS

This recipe makes 15 mini burgers. EMILY RICHARDS

Do you only have time for a sandwich? You can use healthy protein options to fill the void while enjoying a quick dinner.

Check out the variety of hummus available in stores and keep several flavours in the fridge to change things up. I like using hummus for sandwich spreads and burger toppers. From spicy to garlicky, there's sure to be a flavour you enjoy.

Here are a couple of sandwiches you can make for yourself or your family.

Turkey Bacon Sandwich

This is a new favourite! It is simple to put together, and even easier to eat. Cook the bacon while your bread is in the toaster, and slice up the tomato. With a splash of balsamic vinegar, the flavour sings out to be made on a regular lunchtime routine.

1. Place bacon on paper towel-lined plate and microwave on high for 20 seconds or until it is hot.

2. Meanwhile, toast bread. Spread hummus on toast, and top with bacon and tomato. Drizzle with vinegar and sprinkle with pepper.

Mini Hamburgers

My kids couldn't stop eating these, and neither could the adults! They're perfect for small hands to enjoy for dinner or tuck into pita halves with lettuce for dinner on the run. You can serve them open face with lettuce and tomatoes for a new twist to dinner.

1. In large bowl, stir together egg and ketchup. Stir in onion, bread crumbs, oregano and pepper. Add chicken and beef and using hands mix together until well combined. Using scant 1/4 cup (60 ml) of the mixture, make small burger. Repeat with remaining mixture.

2. Place the mini hamburgers on a greased grill over medium-high heat and grill for about 10 minutes, turning once or until no longer pink inside — or until internal temperature of 70 C (160 F) is reached. Place the mini burgers in buns to serve.

Ingredients

Turkey Bacon Sandwich
- 1 slice turkey bacon
- 1 slice whole wheat bread
- 1 tbsp (15 ml) chickpea hummus
- 2 thick slices fresh tomato
- Drizzle of aged balsamic vinegar
- Pinch fresh ground pepper

Mini Hamburgers
- 1 egg
- 2 tbsp (30 ml) ketchup
- 1 small onion, grated
- 1/3 cup (75 ml) whole wheat fresh bread crumbs
- 1/2 tsp (2 ml) dried oregano
- Pinch pepper
- 8 oz (227 g) extra lean ground turkey or chicken
- 8 oz (227 g) extra lean ground beef
- 15 slider mini burger buns

Pack a crisp Greek salad into a cheesy sandwich

A handheld version of the traditional Greek salad, this recipe is perfect for summertime picnics and backyard get-togethers. Serve cold on hot nights, or warm to enjoy the ooey-gooey goodness of mozzarella.

Ingredients

- 2 medium tomatoes, seeded and diced
- 1/2 English cucumber, diced
- 1/2 small red onion, diced
- 1 tbsp (15 ml) extra virgin olive oil
- 1 tbsp (15 ml) balsamic vinegar
- 1/2 tsp (2 ml) dried oregano
- 1 garlic clove, finely chopped
- 4 Greek pitas, toasted (7-inch/18-cm)
- 200 g (7 oz) Saputo Mozzarellissima cheese, grated
- 1 cup (250 ml) black Kalamata olives, pitted and puréed
- Salt and freshly ground pepper, to taste

1. In medium bowl, make the Greek salad mixture by combining tomato, cucumber, onion, olive oil, vinegar, oregano and garlic. Season with salt and pepper, and gently stir.

2. Place one toasted pita in a pan or dish in which it snugly fits. Do the same with a second pita in another pan or dish. Spread half the puréed olives over each pita. Do the same with cheese, followed by the Greek salad mixture.

This recipe serves four. EMILY RICHARDS

Cover each with toasted pita.

3. Place a clean heavy object (such as a saucepan with a heavy object in it) on top of each pita sandwich and let rest for 15 minutes.

4. Remove sandwiches and cut in half. Serve with a green salad.

NEWS CANADA/ FB.COM/SAPUTO.CA

PGA

Woods starts making full swings in recovery

Tiger Woods is making progress in his recovery from back surgery and starting to extend his swing, his agent said Tuesday.

Woods already has missed two majors this year while he recovers from a microdiscectomy on his back on March 31.

A report on Golf Channel's morning show said he was taking full swings at the Medalist Golf Club in South Florida.

THE ASSOCIATED PRESS

Curling

Bernard hangs up the broom, calls it a career

Cheryl Bernard announced her retirement from competitive curling on Tuesday.

She made four appearances at the Canadian championships and won a silver medal at the 2010 Vancouver Games with third Susan O'Connor, second Carolyn McRorie, lead Cori Morris and alternate Kristie Moore.

"To retire from the game I absolutely love is one of the toughest decisions of my life," Bernard said in a statement. "But it's time to be satisfied with what I have accomplished in the sport and walk away with some amazing memories and incredible relationships."

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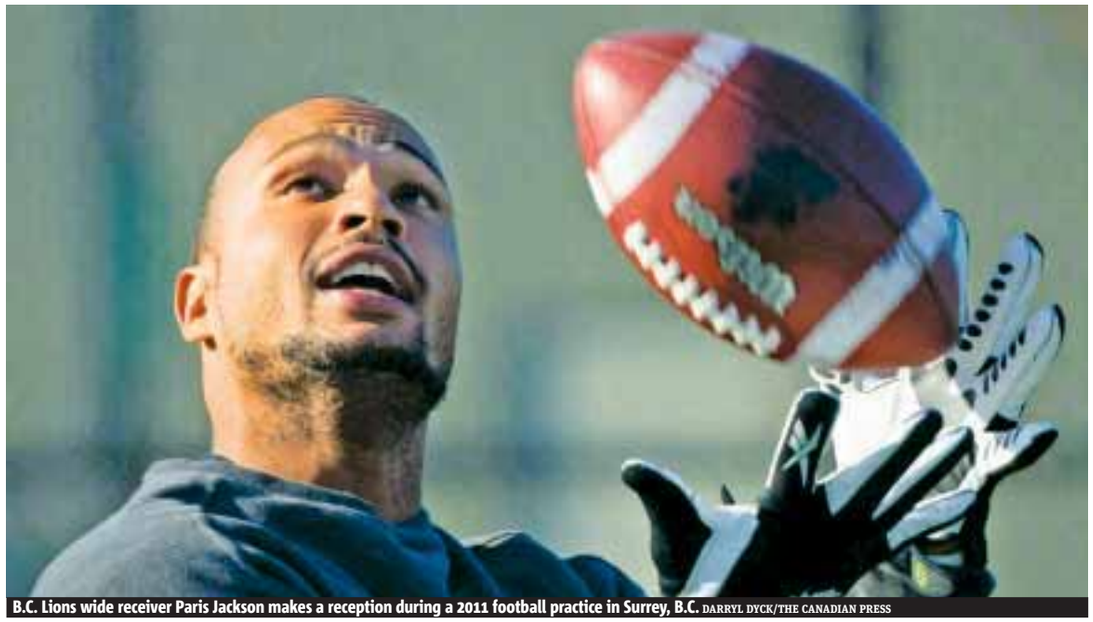

B.C. Lions wide receiver Paris Jackson makes a reception during a 2011 football practice in Surrey, B.C. DARRYL DYCK/THE CANADIAN PRESS

Former B.C. Lion in search of fresh start

Chip on his shoulder. Jackson looks to bounce back and make an impact with the Redblacks

Paris Jackson says the way his time with his hometown B.C. Lions ended left him with a chip on his shoulder.

Now, after 11 seasons in Vancouver, Jackson is heading east to rejuvenate his career.

The 33-year-old wide receiver signed with the expansion Ottawa Redblacks in the off-season looking to prove he's still capable of making a valuable contribution both on and off the field.

"That's why I came here," Jackson said. "My family knew I wasn't too happy in Vancouver any more, not having a role and not really knowing what was going on and just playing kind of spur of the moment and not getting many reps.

"I needed a new spark in my career."

Jackson was one of the Lions' most consistent receivers. His best season was in 2008 when he caught 76 passes for 1,180 yards and eight touchdowns, and was named a CFL West all-star.

In 2009 Jackson moved to slotback, and recorded his second straight 1,000-yard season.

In 2010 Jackson saw his receiving numbers decrease as he was hampered by injuries, and from that point on was relegated to a backup role with the Lions, leading to frustration and disappointment.

While his role with the Redblacks has yet to be determined, head coach Rick Campbell says he's been impressed with Jackson's work both on and off the field.

"He's in a competition to win a job and he's been doing a great job so far both on the field with his play and trying to be a leader trying to lead the way for some of the younger guys," said Campbell. "He's looking good. Paris has been a good player in this league for a long time and I don't think he's done yet."

Retribution can be a great motivating factor and it's clear Jackson wants to prove he's still a playmaker.

"I have a chip on my shoulder," Jackson said. "I wasn't beat out in Vancouver. They just gave someone my spot. Coming off an 800-yard season and two back-to-back seasons of 1,000 yards and they just gave a young guy my spot. I'm old-school and believe you should have to earn my spot."

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Tanaka shuts down the Blue Jays' bats

Toronto Blue Jays Brett Lawrie reacts to a strike thrown by New York Yankees relief pitcher Dellin Betances. KATHY WILLENS/THE ASSOCIATED PRESS

Masahiro Tanaka gave up a home run to Jose Reyes on the first pitch of the game, then earned his major league-high 11th victory as the New York Yankees beat Toronto 3-1 Tuesday night for their 14th straight home win over the Blue Jays.

Brett Gardner hit a two-run homer off the right-field foul pole and the Yankees sent the AL East leaders to their seventh loss in 10 games.

Tanaka (11-1) struck out 10 in six innings and left with an AL-best 1.99 ERA. The Japanese rookie has made 14 starts this season — he's gone at least six innings in every outing and never permitted more than three earned runs.

Reyes provided an early jolt with a drive into the lower deck in right, and slapped his hands as he rounded first.

Tanaka gave up five hits and walked two in moving ahead of Toronto's Mark Buehrle for the most wins in the majors. Buehrle starts Wednesday night at Yankee Stadium in the middle game of the three-game series.

The Blue Jays were the second team to face Tanaka twice. He blanked the Chicago Cubs for eight innings in April before they handed him his only loss a month later.

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Last night

Blue Jays	Yankees
1	3

4 SPORTS

Keeper steals the show

Scoreless draw. Brazil's scoring chances repeatedly stopped by Mexico's Ochoa

Group A

Mexico	Brazil
0	0

He was called a hero and a saviour by his Mexican teammates. His Brazilian opponents said he produced miracles.

There is no doubt that Mexico goalkeeper Guillermo Ochoa was the one responsible for spoiling Brazil's hopes of another World Cup win at its home tournament.

Ochoa made a series of outstanding saves to help his side hold Brazil to a thrilling 0-0 draw on Tuesday.

The result left both teams with four points each after two games in Group A, but Brazil is ahead on goal difference going into their decisive final matches. Croatia and Cameroon meet on Wednesday for their second games after both opened with defeats.

"We can't avoid talking about their goalkeeper," Brazil striker Fred said. "He came up with at least four miracles."

Ochoa's first remarkable save prevented Neymar from scoring in the 26th minute. The Brazil striker's powerful header looked set to fly just inside the post when the goalkeeper dived to his right to push the ball wide.

Ochoa also made three other difficult saves to keep the hosts from breaking the deadlock — a shot by Paulinho in the 44th, a second-half effort by Neymar from inside the area and a close-range header by Thiago Silva in the 86th minute that produced a remarkable block by the Mexico goalkeeper.

"It was the match of my life," said Ochoa.

THE ASSOCIATED PRESS

Mexico's goalkeeper Guillermo Ochoa dives to steer a shot from Brazil's Neymar wide of the net at the Arena Castelao in Fortaleza, Brazil, Tuesday. Ochoa was a standout in the game as he foiled a number of Brazilian scoring opportunities. Scan the image with the Metro News app to see additional photos from Tuesday.

ANDRE PENNER/THE ASSOCIATED PRESS

Group H

Russia pulls even with Koreans

Alexander Kerzhakov scored with one of his first touches after coming on as a substitute to earn Russia a 1-1 draw with South Korea on Tuesday in a World Cup match marked by the first big goalkeeping error of the tournament.

Russia goalkeeper Igor Akinfeev spilled Lee Keunho's speculative shot into his own net to gift South Korea a 68th-minute lead at the Arena Pantanal in Cuiaba in Group H.

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Russia's Alexander Samedov collides with Ki Sung-Yueng of South Korea on Tuesday.

CHRISTOPHER LEE/GETTY IMAGES

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Upset thwarted. Belgium bench nets two 2nd-half goals in comeback win

Waiting and waiting for an equalizer, the tension showed on the faces of the Belgium players as the second half wore on in the country's first World Cup match in 12 years.

Algeria was on the verge of a major upset in their Group H opener Tuesday, taking the lead through a penalty in the 25th minute. Try as they might, Belgium's attacking players just couldn't break down Algeria's defence.

In the end, it was the Belgian bench that found the way, with substitutes scoring twice for a 2-1 comeback win.

"We tired them down. We just tired them down," Belgium coach Marc Wilmots said. "I told them, 'Don't worry, we will score.'"

Algeria's surprising lead stood for 45 minutes until Marouane Fellaini's strong glancing header, with his back to goal, from a Kevin De Bruyne cross in the 70th.

Fellaini, who many had considered would start the match, had only come onto the pitch five minutes earlier and was Wilmots' final substitution.

Dries Mertens' right-foot strike beat Algeria's goalkeeper in the 80th after Eden Hazard saw him free on the right and set him up for the decider. Mertens, who went on at the start of the second half, sent his shot high in the net outside of Rais Mbolhi's reach.

A Belgian error led to Algeria's only goal. Left back Jan Vertonghen dragged down Sofiane Feghouli in the area, and the Algerian attacking midfielder got up and converted the resulting penalty. THE ASSOCIATED PRESS

Belgium's Axel Witsel wins a header in a match against Algeria in Belo Horizonte, Brazil, Tuesday.

HASSAN AMMAR/THE ASSOCIATED PRESS

Porto Feliz

Police investigate gunshot-like sound

Brazilian authorities are investigating whether a gunshot was fired near a hotel where the Honduran national soccer team arrived to stay a few hours later, police said Tuesday.

A police officer in the town of Porto Feliz in Sao Paulo state, who spoke on condition of anonymity because he wasn't authorized to talk to the press, said it's unclear if the sound heard in front of the hotel was an actual gunshot, fireworks or even a car backfiring. He said no spent cartridge was found in the street.

THE ASSOCIATED PRESS

Croatia distracted

"If those photos were not published, they would be thinking about Cameroon."

Robert Kovac, Croatia's assistant coach, says the team isn't focused on its next opponent but is instead lamenting the publication of photos showing some of the players bathing nude at their training complex's swimming pool.

2014 Jeep Wrangler

- **Type.** Two-door, convertible SUV. Rear-wheel drive with full 4X4 capability.
- **Engines (hp).** 3.6-litre V6 (285)
- **Transmissions.** Six-speed manual, 5-speed automatic
- **Base price (incl. destination).** $23,195

Market position

• Two-door Wrangler is the purest successor to the original 1941 Jeep.
• Sport 4X4 is the least expensive Wrangler, appealing to both budget-strapped adventurers, and serious off-roaders, the latter using it as a base to which they will add all manner of personal-preference upgrades and touches.

Points

• Powerful V6 engine for its size.
• Only vehicle that encourages you, and makes it (relatively) easy for you, to take off the doors and windshield.
• Heavy-duty part-time 4X4 means you engage it only when you need it
• Acceptable road manners, considering its off-road prioritized components and design.

The Jeep Wrangler boasts that classic Jeep appearance.

• Inside is tight, and features lots of right angles.

Safety

Standard airbags; standard front/rear disc brakes with ABS and hydraulic-assist booster; standard traction control and stability control with Hill Start Assist; Electronic Roll Mitigation and Trailer Sway Control; tire pressure monitors; fuel tank and transfer case skid plates; fog lamps and halogen headlamps

With this car, it's hip to be square

Review.
A modern model with the essence of the 1941 Jeep, a bit cramped but off-road ready

MIKE GOETZ
drive@metronews.ca

PHOTOS: MIKE GOETZ

Like its famous predecessors, the 2014 Jeep Wrangler Sport 4X4 has more right angles than an aluminum garden shed, and tight accommodations for anything more than two adults and their duffle bags. For the record, it seats five, but I'm thinking the rear-seat people have to be well acquainted.

But that's what you get when you're careful about not diluting the essence of that original Jeep, created in 1941 and made famous during the Second World War, and afterwards, as the world's first off-road vehicle.

The square and flat sheet metal ensures its appearance is true to those classic Jeeps, and the equipment and design is still prioritized for off-road use.

At this juncture in its long lifespan, however, a lot of people are buying this Jeep for use in the urban jungle, because of its cool factor and distinctive features. That's how I chose to spend my time with this particular test vehicle — on missions to the inner city.

With one notable caveat, the two-door Jeep Wrangler is a surprisingly capable tool for negotiating such terrain. It's got the tall-in-the-saddle view as afforded by all SUVs, a super-tight turning radius, and its shortness is great for parking and jockeying for position on congested streets.

It's got standout looks, and its fun factor, which is high to start with, can be upped by removing the soft top, and/or even the doors.

Wrangler also features a very modern powertrain — the gutsy 3.6-litre V6 with 24 valves and variable valve technology, mated to either a six-speed manual or five-speed automatic transmission.

Our "Sport" trim tester had the standard six-speed manual. At $23,195 (including destination charges) it's the least expensive Jeep Wrangler on offer, and features a satisfying blend of "just the basics," including roll-up windows, "wash out" interior, and of course, the part-time 4X4 system, with a transfer case that enables you to select 2WD High, 4WD High, or 4WD Low (the latter for going up trees and things).

The big caveat to using this interesting device on city streets is a choppy ride and lots of body action, courtesy of those heavy and "live" front and rear axles, the small wheelbase, and the high centre of gravity. But this edition of the Wrangler is quite modern.

Compare PHOTOS: CONTRIBUTED

1 Nissan Xterra
Base price: $35,248
Truck-based and a bit crude and thirsty, but like the Jeep, very off-road capable.

2 Toyota FJ Cruiser
Base price: $36,230
Closer in size to four-door Jeep Wrangler, but equally retro and off-roady.

3 Land Rover LR4
Base price: $61,460
When you need to go off road, but prefer the amenities of business class.

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Learn the process behind all those buttons and dials. CONTRIBUTED

Think your A/C is just a breeze? It's a bit more complex than you think

Cool it, we're getting to the important part.

Engines play big role in vehicle climate control

JIL MCINTOSH
drive@metronews.ca

Your car's climate system seems simple enough: turn it up for more warmth, turn it down to stay cool. But as you might expect, what's behind it is much more complicated.

"The heating system uses a heat source that warms up a liquid, and there's a fan that pours the heat into the cabin," says Hayato Mori, senior manager of product planning and business development for Honda Canada.

In most cars, that source is the engine, which gets so hot it has to be cooled down, usually to around 95 Celsius. Coolant, a mix of antifreeze and water, is pumped into the engine to absorb the heat. It then flows into the radiator, where it cools down before recirculating into the engine again.

But on its travels, coolant also flows into the heater core, which looks like a miniature rad and is located deep in the dash. When you turn on the heater, a fan blows across the hot heater core, sending this warmed air into the cabin.

A temperature blend door, controlled by a thermostat, opens or closes to direct more or less heat into the cabin as needed. If full heat isn't required, another door opens to vent the excess outside.

Air conditioning is even more complex. It's a closed system filled with a gas, called Freon, that flows through and is alternately subjected to high and low pressure.

This changes it to a very cold liquid. It flows into the evaporator, a component that's basically the cold equivalent of the heater core, where a fan blows over it to send cool air into the cabin. The Freon then becomes a gas again, and the process starts all over.

In hot weather, you'll often see water dripping under your car. It's condensation from the cold air-conditioning components, and nothing to worry about. But get your vehicle checked if you see coloured liquid — usually green or yellow — which means you're losing coolant.

"There's a lot of plumbing involved, and a tiny hole anywhere will bring down the whole system, so it's important to get this checked according to the vehicle's maintenance schedule," Mori says.

An air conditioning leak will simply leave you sweating in hot weather, but a coolant leak could lead to overheating and potential engine damage.

How it works

- Most cars use engine heat to warm the cabin, but battery-powered cars and some hybrids use electric heaters.
- Heater core repairs are expensive, because the dash must be taken apart. Flush the cooling system as recommended to prevent clogging.
- The heater fan is properly called a blower, and looks like a hamster wheel.

Get it checked

"There's a lot of plumbing involved, and a tiny hole anywhere will bring down the whole system."

Hayato Mori, senior manager of product planning and business development for Honda Canada.

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Horoscopes

♈ Aries
March 21 - April 20
You can't control your destiny every minute of every day, so let fate take its course. Unsettling things may happen over the next few days, but that doesn't mean they'll be bad for you.

♉ Taurus
April 21 - May 21
Even if you're the kind of Taurus who keeps your emotions under control you will be much more outgoing than usual today. There are so many good things going on in your life that you've got to tell the world.

♊ Gemini
May 22 - June 21
Be considerate of others' feelings and there is no limit to what you might achieve. You need to realize that everyone has a different destiny to fulfill.

♋ Cancer
June 22 - July 23
Drop your Cancerian guard and open up. An excellent link between Venus, planet of harmony, and Jupiter in your sign indicates you will meet remarkable people over the next 24 hours. Be sociable.

♌ Leo
July 24 - Aug. 23
Everything is going so well for you that you are even prepared to forget long-running feuds with colleagues and relatives. Make the most of it as it's unlikely to last, but while it does you'll feel great.

♍ Virgo
Aug. 24 - Sept. 23
Socially and romantically this is one of the best times of the year for you, so don't let anyone burst the bubble of optimism that surrounds you. Your positive attitude will attract like-minded people.

♎ Libra
Sept. 24 - Oct. 23
Be generous with your time and money. Don't give away all your worldly goods but the planets indicate that if you show kindness to someone in need now the favour will be returned many times over.

♏ Scorpio
Oct. 24 - Nov. 22
Even if you are the sort of Scorpio who likes to stick with tried and tested methods try to be more adventurous over the next 24 hours. Take a chance on love too. A new attraction could sweep you off your feet.

♐ Sagittarius
Nov. 23 - Dec. 21
The best way to avoid an unpleasant situation is to pretend it does not exist. You are not in the mood for confrontation and there is no cosmic law that says you have to face situations or people.

♑ Capricorn
Dec. 22 - Jan. 20
A Venus-Jupiter link is about as good an influence as you could hope for, especially where your love life is concerned. One person you meet today could become more than just a friend.

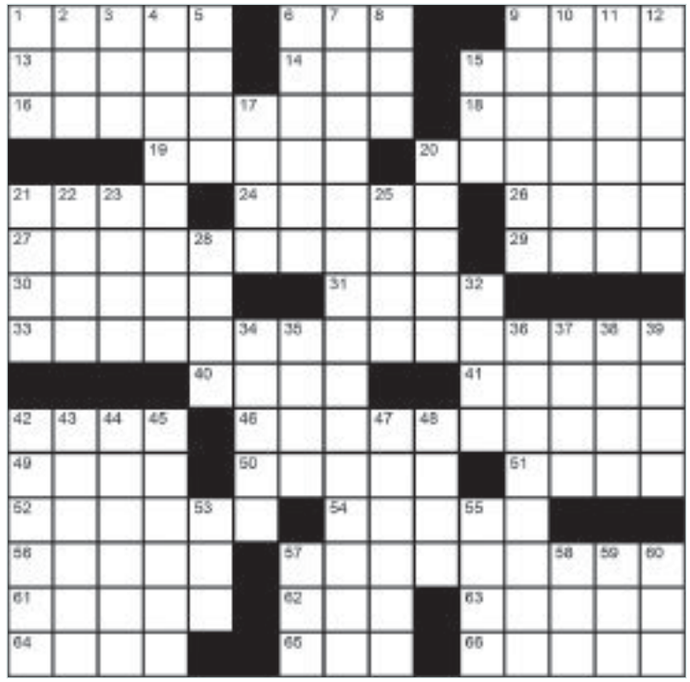
♒ Aquarius
Jan. 21 - Feb. 19
If you feel you are not being appreciated enough in your current job then start making plans. Could you be making more of your talents elsewhere? Be open to new possibilities.

♓ Pisces
Feb. 20 - March 20
Someone you meet on your travels today or tomorrow is destined to play a role in your life over the next few months. Don't be too defensive when meeting people. **SALLY BROMPTON**

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

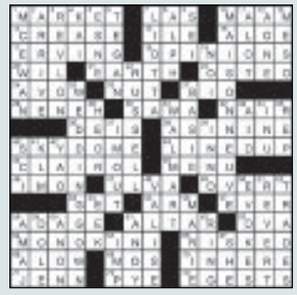
BY KELLY ANN BUCHANAN



Across
1. Coco __, Canadian model
6. Canuck financial inst.
9. Sink problem
13. Up to
14. Victor Hugo play, __ Blas
15. Silent film star Ms. Bara (b.1885 - d.1955)
16. Esquimalt, on the West Coast ...or... Halifax, on the East Coast: 2 wds.
18. Stair part
19. Create a carpet
20. Saskatchewan community; or, actor brothers Matt or Kevin
21. She, in Spain
24. Prefix to 'science'
26. Wrinkle
27. Earth's power-creating heat, __ energy
29. Today, tomorrow ...tiny-ly
30. __ __ fence (Not yet sure)
31. How some music is stored, __ _ _
33. Water between Vancouver Island and mainland BC: 3 wds.
40. Suspire
41. Actress Ms. Palmer
42. New newts
46. __ Falls on Manitoulin Island in Ontario; or, Wedding gown accessory: 2 wds.
49. Purchasing place
50. Kisses: Spanish
51. Wide shoe widths
52. Alberta's 'Centennial City'
54. One who attempts
56. Boucherville 'book'
57. Lise Watier products
61. Foe
62. "__ you sure?"
63. "Well, obviously, Sherlock!": 2 wds.
64. Predicament
65. St. John's International Airport code
66. Sneering

Down
1. Flee
2. ___ hunch
3. CBC rival
4. 1855: The Song of __, by Henry Wadsworth Longfellow
5. Ballet move, Pas __
6. More courageous
7. Attraction in Gatineau, Quebec: Canadian __ __ __
8. "__ Como Va" by Santana
9. Canadian pianist Mr. Gonzales
10. First name of Canadian songstress Feist
11. Theatres
12. Red gemstone
15. Numerical prefix
17. Scourge
20. Fashion: __ & Gabbana
21. Characters' selves
22. Loaned
23. Movie trilogy directed by Peter Jackson, to fans
25. Buzzed or belled
28. "Who does he think __ __!?!"
32. Classic toy
34. "They Call Me Mister __!" (1970)
35. Fiend
36. Manitoba village, 'The Interlake's Best Kept Secret'
37. Merriment
38. Eurythmics' "Would _ __ to You?"
39. Afflicts
42. Symbol
43. Flour: French
44. Hidden treasures
45. __ out (Leaves in a huff)
47. Cape __, Nunavut
48. "__ __ sure you know..."
53. Tonality
55. Poetic nights
57. Islet
58. Forest's Oscar-winning role
59. Mooer's mouthful
60. Any ship

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	5		9		2			8
				5		3		4
				3		2	7	
	4						2	7
			7		5			
3	7						1	
	8	6		9				
9		7		8				
1			6		4		3	

Yesterday's Sudoku

5	7	6	1	9	3	2	8	4
3	8	9	4	6	2	1	7	5
4	1	2	5	7	8	3	6	9
7	3	8	9	5	4	6	1	2
1	9	5	7	2	6	8	4	3
2	6	4	8	3	1	5	9	7
9	2	7	6	8	5	4	3	1
6	5	1	3	4	7	9	2	8
8	4	3	2	1	9	7	5	6

Weather

TODAY	THURSDAY	FRIDAY
MAX: 25° MIN: 14°	MAX: 26° MIN: 16°	MAX: 23° MIN: 14°

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